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For Immediate Release

Vantage® Sleep Diagnostic Services Recognized for High Standards by the American Academy of Sleep Medicine

FRANKLIN, PENNSYLVANIA – Vantage®, a regional leader in innovative healthcare was recognized in mid-December for program re-accreditation by the American Academy of Sleep Medicine.

“The American Academy of Sleep Medicine congratulates Vantage® Sleep Diagnostic Services on fulfilling the high standards required for receiving re-accreditation as a sleep disorders center,” said Dr. Clete Kushida, AASM President. “The Center is a significant resource to the local medical community and will provide academic and scientific value in addition to the highest quality care for patients suffering from sleep disorders.”

To receive a five-year accreditation, a sleep center must meet or exceed all standards for professional healthcare as designated by the AASM. The accreditation process involves detailed inspection of a center’s facility and staff, including an evaluation of testing procedures, patient contracts and physician training. Additionally, the facility’s goals must be clearly stated and include plans for positively impacting the quality of medical care in the community it serves.

The Vantage® team combined, has over 50 years of experience with sleep disorders management. Polysomnography, the gold standard for confirming the diagnosis of obstructive sleep apnea, is the method utilized in all Vantage® sleep laboratories. Vantage® Sleep Diagnostic Services operates six locations with an additional location to be added in the spring of this year.

Obstructive sleep apnea is a significant medical problem affecting middle-aged adults with resonating health effects when left untreated. Some health issues related to sleep apnea include; obesity, high blood pressure, diabetes, depression and hypertension. The most common complaints are loud snoring, disrupted sleep and excessive daytime sleepiness. Patients with apnea suffer from fragmented sleep and may develop cardiovascular abnormalities because of the repetitive cycles of snoring and airway collapse. Although most patients are overweight and have a short, thick neck, some are of normal weight but have a small, receding jaw. Many patients are not aware of their heavy snoring and nocturnal awakenings and for that reason, may go undiagnosed.

Vantage® Sleep Staff are dedicated to promoting excellence in sleep medicine healthcare. For more information please call or e-mail Maggie Armstrong, LPN, RPSGT Director of Sleep Services at 814-337-0000 x 2327 or maggiea@vhcn.com.

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