

# Vantage® Health Quest Screening Provides peace of mind



Early detection can **save your life.**

## Stroke Screening

1 Stroke per minute occurs in the United States according to the CDC (Center for Disease Control). Atherosclerosis is a build-up of plaque along the walls of diseased arteries. This build up can restrict blood flow to the brain or break off and become lodged in a blood vessel causing lack of oxygen to the brain and stroke. Your stroke screening will include carotid artery evaluation by ultrasound.

## Abdominal Aortic Aneurysm (AAA) Screening

1 in 11 men and 1 in 25 women will develop an Abdominal Aortic Aneurysm according to the American Heart Association. An Abdominal Aortic Aneurysm (AAA) is a “ballooning” of the wall in the abdominal aorta. Like strokes, AAA's are most often caused by atherosclerosis (plaque build-up). The majority of people with AAA's have no symptoms. The survival rate is as low as 20% according to the American Heart Association. Your screening will include aortic artery evaluation by ultrasound.

## Peripheral Arterial Disease (PAD) Screening

Peripheral Arterial Disease will affect 1 in every five Americans according to the American Heart Association. Only 10% of people have the classic symptoms. This is why preventative screening is important. Peripheral arterial disease (PAD) (plaque build-up in the arms/legs) happens when there is a narrowing of the blood vessels outside of your heart. Your screening will include evaluation of all four extremities through pressure doppler ultrasound.

## Heart Disease Screening

Heart Disease is the leading cause of death in both men and women. According to the American Heart Association, one in three women has some form of cardiovascular disease and one in three adult men have cardiovascular disease. Heart disease includes conditions such as coronary artery disease, heart attack, congestive heart failure, and congenital heart disease. Your screen will include evaluation of the heart muscle through ultrasound echocardiogram and 12 lead ECG, Diabetes and Cholesterol screening.

## Osteoporosis Screening

In the U.S. today, 10 million individuals are estimated to already have the disease and almost 34 million more are estimated to have low bone density, placing them at increased risk for osteoporosis and broken bones. Of the 10 million Americans, eight million are women and two million are men, according to the National Osteoporosis Foundation. During your screening you will place your foot in a painless ultrasound device called a bone densitometer and the bone mineral density of your heel will be measured.

## Diabetes Screening

5.7 million People are walking around with undiagnosed Diabetes. Diabetes mellitus, or simply, diabetes, is a group of diseases characterized by high blood glucose levels that result from defects in the body's ability to produce and/or use insulin. Your screening will include a finger stick blood sugar.

## Cholesterol Screening

Approximately one in every six adults—16.3% of the U.S. adult population—has high total cholesterol, according to the CDC (Center for Disease Control). People with high total cholesterol have approximately twice the risk of heart disease as people with optimal levels. Your screening will include a finger stick total blood cholesterol.

# Vantage<sup>®</sup> Health Quest Screening Packages

## Peace of Mind Package

- ✓ Heart Disease Screening  
- Echocardiogram and 12 Lead ECG, Cholesterol & Diabetes
- ✓ Peripheral Arterial Disease Screening
- ✓ Stroke Screening
- ✓ Osteoporosis Screening
- ✓ Abdominal Aortic Aneurysm Screening
- ✓ Blood Pressure Screening
- ✓ Body Mass Index Screening

**\$219**

## Wellness Package

- ✓ Peripheral Arterial Disease Screening
- ✓ Stroke Screening
- ✓ Osteoporosis Screening
- ✓ Abdominal Aortic Aneurysm Screening
- ✓ Blood Pressure Screening
- ✓ Body Mass Index Screening

**\$149**

## Healthy Heart Package

- ✓ Echocardiogram
- ✓ 12 Lead ECG
- ✓ Cholesterol Screen
- ✓ Diabetes Screen
- ✓ Blood Pressure Screening
- ✓ Body Mass Index Screening

**\$149**

## Essential Stats Package

- ✓ Diabetes Screening
- ✓ Cholesterol Screening
- ✓ Blood Pressure Screening
- ✓ Body Mass Index Screening

**\$50**



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866-251-0710